# Faith: Having faith in what we cannot see.

## Part I: What is faith?

#### Read: Hebrews 11:1-3

**1** Faith means being sure of the things we hope for. And faith means knowing that something is real even if we do not see it. <sup>2</sup> People who lived in the past became famous because of faith.

## Part II: Just like air, God is there.<sup>1</sup>

### How do we believe in something or someone we cannot see?

Activity: you will need a ball, a chair and balloons.

- **Stand** on a chair and stretch your arm out a shoulder level, with your palm open and facing the floor. Tell the children to examine closely the area between your palm and floor to report what they see there.
- **Share:** "There is something important between my hand and the floor that we cannot see gravity! Even though we can't see it, we can see the effect it has.
- **Place** a ball in your outstretched palm, and then drop it to the floor. Ask the children what they saw. Then drop the ball again and have the children quickly pass their hand through the path of the falling ball. Ask what they felt. If the children are interested, have them do the same thing.
- **Explain:** Just because we can't see or feel gravity, it doesn't mean it does not exist. It's the effects of gravity we see, like how it pulls this ball to the floor, and keeps us on the ground.

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<sup>&</sup>lt;sup>3</sup> It is by faith we understand that the whole world was made by God's command. This means that what we see was made by something that cannot be seen.

<sup>&</sup>lt;sup>1</sup> Activity taken from Jim Weidmann and Kurt Bruner. *An Introduction to Family Nights.* Colorado Springs: Victor Books, 1997. 15-16.

Next – **Pass** out balloons and have everyone inflate his or her balloons. (help the little ones if necessary.

- **Share**: "We cannot see the air we blow into these balloons, but the power of that air is so strong, it can stretch the elastic of these balloons. Though we cannot SEE the air, we can sure see the effects of the air or what it does to the balloons. Watch what else the balloon can do!
- Release the opening on your balloon and let it fly around the room. Have family
  members take turns releasing their balloons and watching them fly around the
  room. Just for fun, inflate the balloons again and again, seeing which balloon
  goes the highest and the farthest.
- Ask Even though you can't see it, do you believe in air? How is that like believing in God? (answer: God is real, even though He is invisible).
   Just as gravity and air are invisible, God is invisible. But also like these forces, God is real, powerful and active in our lives.

Remember – just like the air we cannot see is always there, so is God. He is always there for us. He hears our prayers.

## Part III: Read today's Scripture:

A Blind Man Receives His Sight

<sup>35</sup> As He drew near Jericho, a blind man was sitting by the road begging. <sup>36</sup> Hearing a crowd passing by, he inquired what this meant. <sup>37</sup> "Jesus the Nazarene is passing by," they told him.

<sup>38</sup> So he called out, "Jesus, Son of David, have mercy on me!" <sup>39</sup> Then those in front told him to keep quiet, [a] but he kept crying out all the more, "Son of David, have mercy on me!"

<sup>40</sup> Jesus stopped and commanded that he be brought to Him. When he drew near, He asked him, <sup>41</sup> "What do you want Me to do for you?"

"Lord," he said, "I want to see!"

<sup>42</sup> "Receive your sight!" Jesus told him. "**Your faith has healed you.**" [b] <sup>43</sup> Instantly he could see, and he began to follow Him, glorifying God. All the people, when they saw it, gave praise to God.

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#### Share:

Jesus healed the man and he was able to see again. How amazing is that? The man was probably amazed by all the things that he could see when he opened his eyes for the first time. There were many things that he could have done or have gone to see when he received his sight, but he chose to follow Jesus and praise him for his sight. Praising Jesus was the right way to respond after he received his sight.

When the blind man woke up that morning he had no clue that he would be able to see by that evening. Jesus used this miracle to show us how great his power is and what He can do when we have faith. What is faith? Faith is believing that God is real. God can do amazing things in our lives when we have faith as well. What kind of things can God help you to do in your life?

#### The bible tells us in 2 Corinthians 5:7 to live by faith, not by sight.

Living by faith means trusting God's promises and that He has a good plan even when things don't seem to be going right. Our faith, even if it is as small as a mustard seed, will grow when we continually choose to obey God."

We want to make sure our faith is in the right thing—in the trustworthiness of God alone. There are a lot of conflicting distractions and directions that tug at our attention, especially in trouble times, like now, when we are not sure when we be able to go back to school or church or see our friends. One of the great principles of faith is that it looks forward to promises to come. Faith is not based on what we do or what we see, but who God is.

Coloring Page: Jesus heals a blind man

## End in prayer

Feel free to take a picture of their art work and post it on our Facebook page or share it on GroupMe.

Have a Blessed Day & Week!

Until we can meet again ~

Teacher Chrissy

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