

# God's Good Rules

## Lesson 12 - The 10 Commandments

### "Rules to Live by"

**Lessons from the Bible: Exodus 19 & 20:1-17**

#### **Review Commandments 1-4:**

The first 4 commandments teach us how to respect and honor God. Do you remember what they are?

- Put God first
- 2. No fake gods
- 3. Respect God's name
- 4. Respect God's day of rest

**The last 6 commandments are how we are to treat ourselves and others. Last time we learned Commandment 10. Do you remember what it is?**

- 5. Honor your father and mother
- 6. Do not Kill
- 7. Keep your promises
- 8. Do Not Steal
- 9. Do Not Lie
- 10. **Do Not Covet(be jealous)**

Wow! We finally made it through all Ten Commandments! I'm so proud of you guys.

Today, we are just going to review a bit on how we got the Ten Commandments and why. Then I want to see if you can remember them all. So pay close attention!

Exodus: 19 -

The Israelites were still in the desert. It had been three months since they had left Egypt. They were camped beside a mountain when God told Moses He had something very important He wanted to tell His people. God wanted to remind them how He had cared for them and led them since they left Egypt. He promised that if the Israelites would continue to follow His directions, they would live happier and healthier lives. He would bless them. The people living in other nations around them would see how much God loved them, and they would want to know about God too. The people promised that they would do whatever God wanted them to do. They said, "We will do everything the Lord has said." [Have the children repeat the sentence.] Then God told Moses that He was going to come in a cloud and talk so the people could hear His voice. He told Moses to tell the people to get ready to meet with Him. The people had to wash their clothes and take a bath. They would look their cleanest and best to show that they were being respectful to God when they met with Him. Three days later God came in a cloud of thunder and lightning on top of the mountain. The people heard very loud trumpets. They saw the mountain shake. The people stood in front of the mountain, ready to meet with God. They were afraid because of the power and strength they saw coming from the cloud. But God didn't want the Israelites to be afraid. He loved them. He spoke directly to them and told them about **10 special rules** He wanted them to live by. Do you know what those 10 special rules are called? (the 10 Commandments!)

Here they are:

- 1. Love God the most, and don't love other things or people more than God.
- 2. Worship only God; you don't need idols or things to look at to worship Him.
- 3. Speak God's name with reverence and respect.
- 4. Make the Sabbath day a holy and special day. Spend it with God each week.
- 5. Treat your mother and father with respect and obedience.
- 6. The life of others is important; don't hate or hurt others. Care for those who are needy or hurting.
- 7. Keep your promises - Be faithful to the person you marry.
- 8. Don't take things that aren't yours.
- 9. Always tell the truth.
- 10. Be happy with what you have; don't want other people's things.

Then God told Moses to come up to the top of the mountain. There God wrote on two stone tablets those 10 important rules that He wanted His people to follow. God didn't use a pencil or a pen. Do you know what He used? He wrote on the stone tablets with His finger!

Those rules sound good to me, don't they to you? They tell us to love God and to love other people in all that we do.

God gave us rules to live by because He loves us. He promises that if we obey them, we will be happy. God made us, so we can trust Him to know how to make us happy. When we obey God and live as He asks, we are worshiping Him.

God wanted to set his people on the right path. Never before had he given specific directions on how to live a good life, but here, for the first time, we see God giving his people Ten Commandments that will help them know the difference between right and wrong.

God gave us these commands to teach us how to make wise choices, but there's a bigger reason for these rules. They teach us how to love God and how to love other people. When we learn the Ten Commandments, not only will we learn to make good choices, we'll learn how we can spread God's love to the whole world.

**DRIVE IT HOME:**

God set these rules in stone to teach us how we should love Him and how we should respect other people. The first four commands all have to do with loving God. We need to keep him first, honor his name, and respect our day of worship. And the last six commands all have to do with loving others - first our parents, and then everyone else.

When we follow the Ten Commandments, we will show respect to other people and their things. We will honor God with our words and actions. We will honor our parents. And yes, we will keep ourselves out of trouble. More importantly, following the Ten Commandments shows we love God and we love other people. And when we love other people, we show them that God loves them as well.

Every game has rules. Every home has rules. Every classroom has rules. The Ten Commandments are the rules for life. They teach us right and wrong. They guide us in making choices. And they show us how to love God and our neighbor. Let's commit to remembering the Ten Commandments so that we can play fair, do the right thing, and share God's love with everyone.

**CLOSE WITH A SIMPLE PRAYER:**

Who can recite all 10 commandments?

**10 Commandments in simple terms.**

1. Put God first
2. No fake gods
3. Respect God's name
4. Respect God's day of rest
5. Honor & Obey your parents
6. Do not kill people
7. Respect marriage – Keep promises
8. Do not steal
9. Do not lie
10. Do not be jealous

**Bible Verse Psalm 119:1-2: "Joyful are people of integrity, who follow the instructions of the Lord. Joyful are those who obey his laws and search for him with all their hearts."**

**Activities: Practice "The Ten Commandments Boogie Song"**

Video: The Ten Commandment Boogie:

<https://www.youtube.com/watch?v=L2hB5Gqo8Vo>

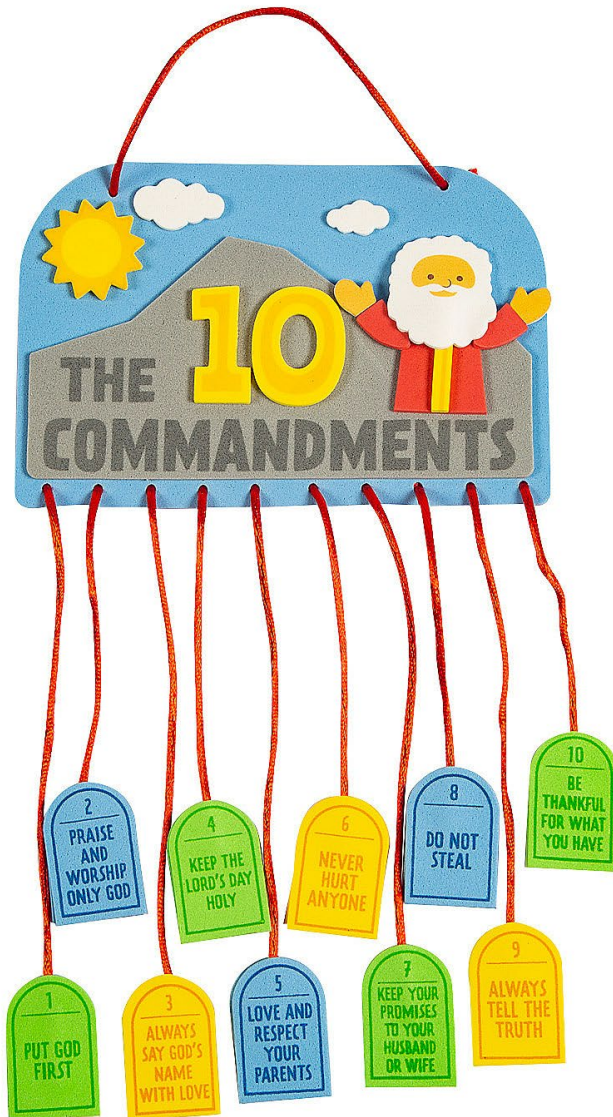
Video – Veggie Tales – Josh & the Big Wall

<https://www.youtube.com/watch?v=glZZR7a5XJ4>

## **Craft: The 10 Commandments Mobile Craft**

### Supplies:

Each student will be provided with a craft packet with all needed supplies.



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Feel free to take a picture of their art work or share how your activity went!  
Post it on our Facebook page or share it on GroupMe. Have a Blessed Day &  
Week! Until we can meet again

~ Teacher Chrissy

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