

# Armor of God

## "How to Win Against Sin"

### Lesson 2

## Belt of Truth

Scripture Reference:

**Ephesians 6:11-18 • John 14:61**

#### **Game:**

- Tell the students that you will ask them a series of true or false questions. For each question they get right, they take one giant leap towards the finish line. (The end of the room.) If they miss a question, they stay where they are. The first one to cross the finish line wins.
- Have them line up at the starting line.
- All the children answer every question, all at the same time. Those who get it right move forward. Those who do not get it right stay put. Continue in game play until every child has crossed the finish line. (Or reached the other end of the room.)
- Feel free to make up your own questions. You know your students and their interests, so make up questions they would like!

**Questions:**

1. **True** or false: Jesus was born in Bethlehem.
2. True or **false**: Birds live underwater.
3. **True** or false: Genesis is the first book in the Bible.
4. True or **false**: Moses built the ark.
5. True or **false**: It took God a month to create the Universe.
6. **True** or false: Jesus Christ died for the sins of the world.
7. True or **false**: It always snows in the summer.
8. True or **false**: Halloween is when we celebrate the birth of Christ.
9. **True** or false: The sky is blue.
10. **True** or false: Disney characters Pluto and Goofy are both dogs.

## Pray with your class.

Last week we learned that we are all in a battle against sin. Satan hates God and tries to get us to stop following God by trying to get us to sin. But since we love God, we have to fight our temptation to do wrong. But God is our **Protector** and he will never let serious harm come to our lives. So, with Jesus, we can **WIN AGAINST SIN!**

Say that with me everybody, with Jesus, **we can WIN AGAINST SIN!** Since we are in a war against sin, God gave us special armor to wear. This is called the armor of God.

- Satan hates God and wants us to hate God too. He tries to get us to turn against God by getting us to sin. God loves us and gives us the tools (**the Armor of God**) we need to fight against Satan and WIN AGAINST SIN.
- So, now let's learn what the Armor of God really is!

We can read about God's armor in Ephesians 6.

The first piece of armor we read about is **the belt of truth**. The belt of truth is like a tool belt, it is where we store all of our knowledge of God.

### **Read: Ephesians 6:11-18:**

*<sup>11</sup> Put on the full armor of God, so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> **Stand firm then, with the belt of truth buckled around your waist,** with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God. <sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.*

So, what is the first piece of armor we read about?

- **The Belt of Truth.**
- Who can tell me what a belt does? Belts hold up your pants and keep them from falling down, that's right.
- The belt of truth is more like a tool belt.
- What are tool belts used for? We use tool belts to store our tools when we are building something.
- The belt of truth is not something we can actually go to the store and buy.
- God's armor is something that we have to learn to put on every day by learning new things about God and changing our attitudes, how we think about life and other people.
- So, when we put on the belt of truth, that means we learn about the truth of God and we keep it close to us, like we wear a belt close to our bodies.
- The belt of truth is kind of like Batman's utility belt. Everything he needs to fight evil is on that belt.
- Everything we can ever need to know to fight evil is the **Truth**, and we wear the Truth tight around us just like Batman wears his belt.
- So, who can tell **me some true things about God?**
- **Jesus Christ is God.**
- **God loves us so much that he sent his Son to die for us.**
- **We are all sinners and we all need salvation, which only comes from Jesus.** •
- **All we have to do to be forgiven of our sins is say sorry to God, love him, and try to do what he tells us to do in the Bible.**
- **Jesus is the way, the truth and the life. No one comes to the Father but through him. (John 14:6)**

When we remember these truths about God, we are putting on **the belt of truth**.

Now let's all practice our memory verse together. I will say it once, and then we will learn some motions to help us remember it.

**"Put on the whole armor of God, that you may be able to stand against the schemes of the devil."**

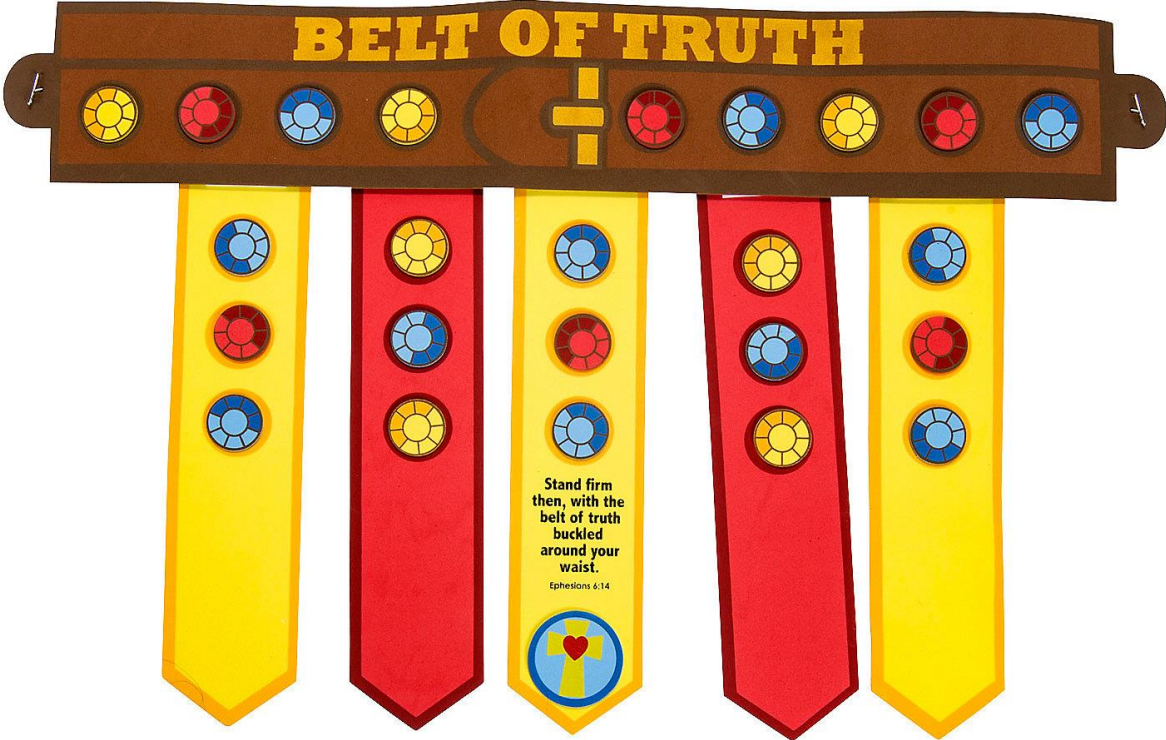
Now stand up and we will learn a few motions to help us learn this Bible verse.

- "Put on the whole armor" As you say this, pretend to get dressed. Put on your pants and a jacket.
- "of God" Sign God. (With right hand, thumb facing you, bring your flattened palm downward from your forehead to your chest.)
- "So that you may be able to stand against" Stand with your feet slightly more than shoulder width apart with your hands on your hips, like a super hero.
- "against the schemes" Rub your hands together like an evil villain.
- "Of the devil." Sign devil. (Put your thumbs to your temples, and your forefingers and middle fingers straight in the air. Bend them twice, like air quoting.)
- Repeat the entire verse with the children, leading them in doing the motions.

**Memory Verse Ephesians 6:11 (ESV) "Put on the whole armor of God, that you may be able to stand against the schemes of the devil."**

**Craft:** Craft Make Belts of Truth with the students.

Use the craft supply packets provide to make the Belt of Truth.  
\*Provided by Orientaltrading.com



## **Activities: Practice “Put on the Full Armor of God” Song**

Video: Full Armor of God

<https://www.youtube.com/watch?v=aG0zhy8sHzQ>

Video: Larry Boy and the Bad Apple – Fighting Temptation.

<https://www.youtube.com/watch?v=HMji5egaWrw>

Feel free to take a picture of their art work or share how your activity went!  
Post it on our Facebook page or share it on GroupMe. Have a Blessed Day &  
Week! Until we can meet again

~ *Teacher Chrissy*

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