

Armor of God

"How to Win Against Sin"

Lesson 6

Helmet of Salvation

Scripture Reference:

- **Ephesians 6:11-18**

Ephesians 6:16:

Accept God's salvation to be your helmet.

Who remembers what we have been learning about? That's right, we are learning about the armor of God and how to WIN AGAINST SIN! Say this with me: **With Jesus, I can win against sin!** Just like knights and soldiers wear armor to protect themselves from being attacked, we wear the armor of God to protect us from being attacked by Satan.

Review the pieces of armor on the picture of the soldier.

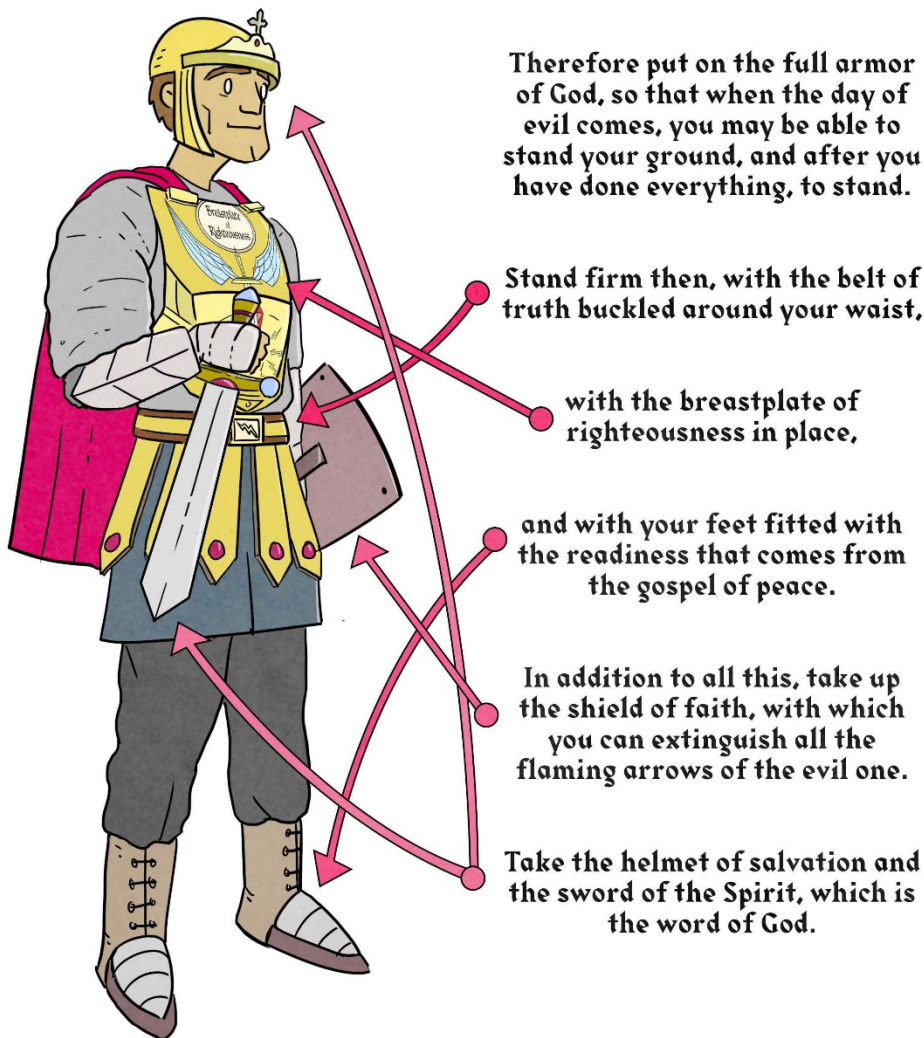
Last time we learned the fourth piece of Armor. Do you remember what that was? **Shield of Faith:**

The shield of faith moves to cover our doubts and struggles. The more faith we have in our Lord, the less likely we are to be hurt when Satan attacks.

- What other pieces have we learned about? *The Belt of Truth and Breastplate of Righteousness, The Shoes of the Gospel & Peace!*

Ephesians 6:11-18 gives us a list of the pieces of armor: Belt, breastplate, shoes and shield, helmet and sword! This is the armor of our Lord. Much like the armor the soldiers or knights wore in battle. Here is picture of a Knight in his armor:

Ephesians 6:13-17 (NIV)



The fifth piece of armor is the **Helmet of Salvation**.

- How many of you ride a bicycle, scooter, skateboard, or other fast things with wheels?
- Do you wear your helmet when you do these things? Why? **That's right, you have to wear a helmet so you don't hurt your head.**
- That's why soldiers wear helmets too. They have to wear helmets to keep themselves from getting hurt in battle.
- As we have been learning, **we are in a spiritual battle against the devil, and God has given us armor to protect ourselves.**
- One of our most important body parts is the head, and one of the most important pieces of spiritual armor is the helmet of salvation.

Who can explain to me what salvation is? **Allow a couple of students to respond. This is a good way to figure out what your students know about this important topic.**

- **Salvation** is when Jesus comes in our lives and takes away our sins. He saves us from an eternity in Hell. **Salvation is the greatest gift we could ever receive because it took Jesus Christ dying on the cross for us to get to go to Heaven.**
- **Discuss John 3:16** and make sure the kids understand it:

"For God loved the world so much that He gave his only Son. God gave His Son so that whoever believes in Him may not be lost, but have eternal life.

God is so holy that He can't be in the presence of sin. All it takes is one little sin and then we deserve to be in Hell, away from the presence of God.

- Jesus is the only way to get to Heaven. **All we have to do is ACCEPT that we are sinners, BELIEVE Jesus Christ died for our sins, and CONFESS our sins to Him, then we get to spend eternity with God.**

1 Thessalonians 5:8-9 tells us *"But let us who live in the light be clearheaded, protected by the armor of faith and love, and wearing as our helmet the confidence of our salvation. For God chose to save us through our Lord Jesus Christ, not to pour out his anger on us."*

- Salvation is represented as a helmet because it protects our thinking.
- We are confident that we will spend forever in heaven because God has saved us through Jesus Christ.

Sometimes when we sin, Satan tries to convince us that God will no longer love us and that we are no longer saved. When Satan tries to make us feel like we have lost.

We need to remember what **Romans 8:37-39** says: *But in all these things we have full victory through God who showed his love for us. Yes, I am sure that nothing can separate us from the love God has for us. Not death, not life, not angels, not ruling spirits, nothing now, nothing in the future, no powers, nothing above us, nothing below us, or anything else in the whole world will ever be able to separate us from the love of God that is in Christ Jesus our Lord"*

These verses make it very clear that no matter what we do, after we put on the helmet of salvation, we are winners through Christ! Because with Jesus, we can **WIN AGAINST SIN!**

Now let's all practice our memory verse together.

Memory Verse: Ephesians 6:11 - "Put on the whole armor of God, that you may be able to stand against the schemes of the devil."

Craft: Helmet of Salvation –

Supplies: Cloth baseball type caps.

Fabric paints or paint pens.

Let the kids decorate their caps with paints. Be sure to put –
"Helmet of Salvation" or John 3:16 on the cap somewhere.



Activities: Practice “Put on the Full Armor of God” Song

Video: Full Armor of God

<https://www.youtube.com/watch?v=aG0zhy8sHzQ>

Helmet of Salvation Lesson

<https://www.youtube.com/watch?v=nLlzdDS6DFU>

Video: Veggie Tales: God Loves You Very Much

<https://app.pureflix.com/videos/405115430456/veggietales-god-loves-you-very-much>

Feel free to take a picture of their art work or share how your activity went!
Post it on our Facebook page or share it on GroupMe. Have a Blessed Day &
Week! Until we can meet again

~ *Teacher Chrissy*

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