

# The Last Supper

## “What is Communion?”

### Introduction:

**We just celebrated Easter a few weeks ago. What is Easter the celebration of? -- Jesus. Jesus died on the cross for OUR sins and He rose again 3 days later!**

But what happened before he went to the cross?

Jesus knew He was going to die and what He was dying for. But His disciples did not know what was about to happen. He knew they would be broken hearted and lost after He died. So, he needed to share with them and reassure them that everything would be alright.

**Here is the story of The Last Supper:** (From Luke 2:7-3)

**So, what is Communion?** Does anyone know what two things we eat and drink during communion?

- We have bread, which represents the body of Jesus, and we have wine/juice which represents the blood of Jesus.
- Jesus Himself actually served the very first communion. He was having Passover dinner with His followers,

The night before Jesus died on the cross, He met with His disciples for a special meal. He knew that it was the last time He would get to have dinner with them before His suffering, and there were some important things that He did and said while they were gathered together. Jesus wanted them to know how much He loved them, and He commanded them to love others. He washed their feet to show that He was a servant, and expected them to serve one another.

Luke 22:19-20 says:

- *And He took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper He took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you."*

Now this might sound normal to us, since we hear it every time communion is served, but for the people at that Passover dinner, it sounded crazy! And I think, if I was in that room and hearing that for the first time, I would think it sounded crazy too.

- But Jesus didn't want His followers to think it was crazy. Or gross, or weird, or scary. Jesus wanted His followers to **think about life**.
- You heard me right, life. Even though communion is about Jesus dying, it is also about Him living, inside of us.

The disciples may not have understood it, but Jesus was telling them that He was doing something new and amazing.

Before Jesus, people of God were required to make animal sacrifices for their sins. Jesus was communicating that His blood was going to cover sin once and for all. And as He passed around the bread and wine, He told His friends to remember Him and what He did. **He gave up His life so that we could live with Him.** He covered our sins with His blood.

There is one and only one life God wants living inside of us.

Anyone know who's life that is? **Jesus!**

**With Jesus living inside us we have eternal life. And He gave us that eternal life when He died on the cross and shed His blood for our sins.**

Taking communion won't save you. And drinking the wine/juice won't make Jesus live inside of you.

- For that to happen, you have to pray and ask Jesus to forgive you of your sins, and to come live within you. The communion just helps us to understand what that really means.
- When we take communion, we eat bread and drink wine/juice so we can remember the sacrifices Jesus made for us.
- And so, we can remember just what those sacrifices mean. They mean life! Jesus living inside of us and giving us eternal life in heaven!

**Important to remember: we should not take communion if we are unworthy. The Bible says in 1 Corinthians 17: 27-29:**

- *"So a person should not eat the bread or drink the cup of the Lord in a way that is not worthy of it. If he does he is sinning against the body and the blood of the Lord. **28 Everyone should look into his own heart before he eats the bread and drinks the cup.** **29** If someone eats the bread and drinks the cup without recognizing the body, then he is judged guilty by eating and drinking."*

What this means to you is – unless you have accepted Jesus as your Lord and Saviour, asked Him to forgive you of your sins and invited Him into your heart, you should wait to take communion until you are ready to do this.

If you have not asked Jesus into your heart but are ready to do so today, just ask an adult to lead you in prayer now.

**Close in Prayer** : Thank God for sacrificing His life so that we may have life in Him.

**Memory Verse:** ***"Do this in remembrance of Me" – Luke 22:19***

## **Videos:**

### **The Last Supper**

<https://www.youtube.com/watch?v=SigoALSS1R8>

Video: Veggie Tales – Don't Stop Believing

<https://app.pureflix.com/videos/497078822555/play?autoplay=true&recommended=q%3Aveggie%20tales%20>

**Craft:** Communion Cross kit

Sticker set of cross with communion elements

Provided by [www.orientaltrading.com](http://www.orientaltrading.com).



Feel free to take a picture of their art work or share how your activity went! Post it on our Facebook page or share it on GroupMe. Have a Blessed Day & Week! Until we can meet again

~ *Teacher Chrissy*

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**Jesus said to his disciples,  
“Do this in remembrance of me.”**